

# DAILY SCHEDULE SACRED VALLEY

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## SUNDAY

08:00 Breakfast  
10:00 Pick up. Transit to Arkana  
12:00 Welcome Tour  
01:00 Lunch  
02:00 Orientation Talk  
03:00 Intentions  
06:00 Dinner

## MONDAY

07:00 Arati Meditation Ceremony  
07:30 Rapé Ceremony  
08:30 Breakfast  
12:30 Yoga  
01:30 Lunch  
02:30 Salt Mines Maras Excursion  
06:00 Ayahuasca Talk  
08:00 Ayahuasca Ceremony #1

## TUESDAY

08:30 Breakfast  
09:30 Group Share  
11:00 Art Integration  
12:30 Yoga  
01:30 Lunch  
06:30 Breath Healing  
08:00 Ayahuasca Ceremony #2

## WEDNESDAY

08:30 Breakfast  
09:30 Machu Picchu Excursion (Optional Add-on Extra Cost)  
01:30 Lunch  
06:00 Dinner  
07:00 Bonfire Night

## THURSDAY

08:00 Breakfast  
09:00 Group Share  
10:00 Shipibo Art  
11:00 Sapo Ceremony  
01:30 Lunch  
04:30 Integration Circles  
06:30 Sound Healing  
08:00 Ayahuasca Ceremony #3

## FRIDAY

08:00 Breakfast  
09:00 Groupshare  
10:00 Integration Post-Dieta Talk + Group Photo  
11:30 Hauchuma (San Pedro) Ceremony  
06:00 Dinner  
07:00 Integration Talk #2 + Gift Ceremony

## SATURDAY

08:00 Breakfast  
09:30 Departure in Transit to Cusco